

February 2010

1 Parmesan Chicken Fettuccini Noodles Broccoli Fruit Blend Juice Fresh Fruit Wheat Roll Sugar Cookie	2 Grilled Beef Strips Brown Gravy Country Potatoes Cabbage Grape Juice Cornbread Wheat Crackers Fluffy Fruit Salad	3 BBQ Pork Tater Tots Pineapple Coleslaw Fresh Fruit Wheat Hamburger Bun Hot Apple Cobbler	4 Turkey Brest / Gravy Mashed Spiced Yams Herbed Green Beans Cranberry Juice Multi Grain Bread Graham Crackers Cherry Gelatin	5 Beef Chili w/Beans Buttered Rice Mixed Vegetables Apple Juice Fresh Banana Strawberry Swirl Pudding
8 Swiss Steak Twice Whipped Potatoes Spring Vegetables Fruit Blend Juice Texas Bread Pineapple Tidbits	9 Smothered Chicken Wild Rice Mixed Beans Fresh Fruit Apple Juice Wheat Bread Oreo Cookies	10 Smoked Sausage Oven Roasted Potatoes Northern Beans Grape Juice Hot Dog Bun Glazed Fruit	11 Meatballs & Mushroom Gravy Egg Noodles Peas & Carrots Tossed Salad Cranberry Juice Dinner Roll Fig Bar Italian Dressing	12 Roast Beef Chicken Gravy Macaroni & Cheese Italian Green Beans Fresh Fruit Apple Juice Wheat Bread Pecan Spin Danish
15 Turkey Pot Roast Whipped Potatoes California Veggies Fresh Apple Wheat Bread Graham Crackers Vanilla Pudding	16 Grilled Park Patty Brown Gravy Black-eyed Peas Turnip Greens Grape Juice Cornbread Golden Glow Gelatin	17 Beef w/Gravy & Peppers Brown Rice Glazed Carrots Fresh Fruit Apple Juice Dinner Roll Peach Cobbler	18 Oven Fried Chicken Ranch Beans Collard Greens Orange Juice Wheat Crackers Cornbread Tropical Fruit	19 Glazed Turkey Ham Mashed Spiced Yams Cabbage Fruit Blend Juice Multi Grain Bread Crackers Chocolate Cake
22 Italian Style Pork Italian Green Beans Glazed Carrots Apple Juice Wheat Roll Oatmeal Cookie	23 Meatloaf Onion Gravy Whipped Potatoes Mixed Vegetables Tomato Juice Wheat Bread Graham Crackers Pineapple Tidbits	24 Lemon Pepper Fish Black-eyed Peas Whole Kernel Corn Pineapple Slaw White Bread Peanut Butter Cookie	25 Baked Chicken Au Gratin Potatoes Lyonnaise Green Beans Fruit Blend Juice Multi Grain Bread Vanilla Wafers Choc Swirl Pudding	26 Hamburger Patty Baked Pinto Beans Lettuce / Tomato / Onion Orange Juice Hamburger Bun Peach Crisp